

WORKSHOP COMMENTS

I am really pleased to see that this workshop is being offered again. I've found it to be the single best opportunity to learn key regions of the brain, associated functions and how visual, auditory, and somatosensory information is progressively processed within and across networks.

The first five manuals are encyclopedic while at the same time the information is organized and visually presented in a way offering easy accessibility; great desktop companions. Like having ones very own in-office Neurofeedback consultant. One manual describes the use of innumerable settings files written specifically for Brainmaster instrumentation and software.

I can only imagine the support that I'll find in the newest manual focused on sLoreta.

Don't miss this workshop; well, unless your name is Luria, then you might not need it.

Dick Genardi on BMr listserve 4/2016

Dear Listmates.

For those who have attended my summary session at Brainmaster Z-Score Workshops, it is the Brownback's format for data summary and analysis of qEEG -normative data based Z-Scores that I recommend in my presentation. I believe that the standard for neurofeedback today is assessment and protocol development based on a qEEG, referenced to a empirically validated normative database (I use Thatcher's because of the procedures used for normalization, validation, replication). Once data is acquired, then a combination of a standard neuropsychological intake interview, the Brownback format for data review/analysis, along with the use of Thatcher's Symptom Checklist provides significant convergent validity to support treatment protocol development.

For those attendees I've mentored if you've any chance to attend the upcoming Brownback workshop I strongly encourage that you do so.

Dick Genardi from an earlier listserve posting

The Brownback workshop elevated my neurofeedback abilities to a new level. The workshop is so much more than simply information about neurofeedback. Tom and Linda Brownback have woven decades of successful neurofeedback experience into a systematic neurofeedback philosophy. Their workshop covers this approach from start to finish; from intake assessment to QEEG map analysis to treatment planning and management. In a field comparable to drinking from a fire hose, Tom and Linda sincerely break the information down to a level more akin to a garden hose. Under Tom's instruction, I learned comprehensive brain function by tracking the synchronized electrical relationships between neuroanatomical structures that communicate to form the functional pathways behind cognitive processing. This was put directly into context by subsequent discussion of neuropathologies; such as ADD, anxiety, depression, or OCD; that arise from a deregulated, disorganized EEG. The Brownbacks have dedicated countless hours to developing valuable neurofeedback tools and manuals. Personally experiencing the questionnaire-based CNC1020 exemplified its use as a powerful asset for pre-neurofeedback assessment, and examples of the CTC1020 demonstrated a wonderful ongoing assessment of patient behavior over the course of a neurofeedback regimen.

Instead of analyzing individual puzzle pieces and discussing how they could fit together theoretically, Tom and Linda Brownback demonstrated how to put the entire puzzle together. I left with a new understanding of the brain's inner mechanisms, and I have used this knowledge each day since returning from the workshop. This knowledge grants me further insight when analyzing QEEG maps, especially 3D sLORETA images as seen in BrainMaster's Brain Avatar and the Brain Dx Report Generator. I am able to look at my patients with a heightened understanding of how their deviant EEG patterns influence their behavior; and perhaps more importantly, how self-regulation through neurofeedback can break that cycle and help them change their life.

May 2015 workshop attendee David Ims

EEG, Neurofeedback, and TMS Laboratory Supervisor Chesapeake Neurology Associates

Dear Thomas and Linda,

It was just wonderful to attend the workshop. We thoroughly enjoyed it and got a lot of information. You guys are blessed by the good Lord with a magic wand for treating people in pain and despair.

We hope to keep in touch with you and seek to learn always from stalwarts like you. Best teachers in our memory book.

Dr. Sweta and Dr. Danashri May 2014 workshop attendees



Hi, Linda & Tom!

I just wanted to send you a personal "Thank You!" for a great workshop. You more than exceeded my hopes. I'm a reasonably smart guy, but I've had difficulty mastering the many technical aspects of neurofeedback within the context of clinical practice and how it all fits together to make a coherent and congruent whole. You did that for me and I find it hard to express how thankful I am!

On the flight back to Seattle (4.5 hrs), I first expected to just kick back, close my eyes and listen to some music. I started to do so, but then found my mind running through all the implications and ideas. So, I said "screw that!", pulled out a pad of paper and spent the next four hours writing it all down. The resulting product was pages and pages of notions, plans, people and budgets. When I got home, my wife said she hasn't seen me so energized over something in a long time.

This week, I've met twice with my colleague (Dr. Rogene Eichler-West, a neuroscientist from U Minn; I imagine you'll be meeting her in November – great person, smart as can be and a heckuva lot of fun). We met last night with two others who have lots of expertise in project management, mind-body work, and business/foundation development, to begin the process of overhauling the practice.

Richard Packard May 2015 workshop attendee

These workshops are a phenomenally economical way for clinicians to have access to a wealth of experience and knowledge that the Brownbacks have been acquiring for thirty years. As practitioners of the healing arts, it is critical for us to continue in the pursuit of learning as much as we can about the complex energetic systems we are treating, and Tom and Linda have developed such a well thought out and attentively planned presentation of information that it's impossible not to be exposed to new ideas or new ways of looking at old ideas.

I would encourage not only new practitioners to check out this workshop, but also more experienced clinicians who would like a solid review of how the brain works and why it is relevant to our treatment planning. The quality of our services hinges strongly on our understanding and knowledge of the system we are treating, and the Brownbacks have put a lot of time and effort over the years into condensing their learning into easily absorbed materials that can benefit anyone. Also, the timing of this workshop is perfect, as school is letting out,

and the "summer rush" of kids with attention deficit problems, learning disorders, developmental struggles and behavioral issues is about to begin. This would be a great way to kick off the summer with new ideas and ways of approaching what ever walks in your office door this year!

Penijean Rutter

- "Met and exceeded expectations (accomplished what other workshops did not do...)
- "Excellent. The light bulb is on."
- "This was the most informative workshop ever."
- "Please continue to bring light to us re; this wonderful brain that remains so dark still."
- "I would recommend this to any neurofeedback clinician intermediate level and up."
- "I appreciate your sharing at this stage of your evolvement of this wonderful work. This may help to finally organize the field of neurotherapy."
- "Provided clarity of what previously seemed like complex concepts."
- "Integrated physiology, 10-20 sites and behavior"
- "Outstanding-best training I have been to in terms of making neuropsychological principles come alive for making training decisions based on both quantitative and qualitative data."
- "Tom's love and life mission re; promoting comprehension of clinical issues was evident in his presentation and dedication to developing his manual. The TLC for participants reflects this too."
- "Very hospitable, great food, excellent facilities; warm friendly approach made this a very meaningful experience."

I would also like to add my recommendation to attend Tom and Linda's workshop. They do an excellent job of covering the topics on their very comprehensive agenda, which can be seen here:

This is by far the best neurofeedback workshop I have attended in my 22 years of neurofeedback training experience. Tom and Linda provide a system which can enable a merely competent mental health provider to become excellent and they model the drive and compassion that is both inspiring and entertaining.

Dale Foster

Thanks! By the way, my evaluation is not an exaggeration.... all those years they put in to build this is really paying off for me.... It was worth its weight in gold!

Cindy

Pls bring my best regard to both Linda and Tom. Thank you so much for following up with me. I am still digesting all materials presented by Tom. Tom is a very committed and inspiring teacher and Neurofeedback Therapist. I enjoy his lecture tremendously!

Hanney (Hana) Yin, PhD

NYC 1 day

I wanted you & Tom to know again that I thought your workshop presentation was excellent, and I'm so glad I had a chance to meet and learn from both of you. Michael Lodish

First let me say again how much I valued the workshop on Saturday. Like you, I love NYC and any excuse to visit is a good one, but this went way beyond my expectations! I'm sure I'll be using what I learned, and most likely budgeting for purchases of your materials and coming to Cleveland perhaps in November. Peter Kelsey

Thanks again for one of the most informative NFB WORKSHOPS I have attended in a while. I can imagine what 4 days would be like! James Cooney

From: Zack Burns Re: Evaluation

When I teach I take feedback very seriously and wanted to provide meaningful feedback to STS and Tom. I appreciated the workshop so much that I wanted to provide a sincere review of the course – something that I could not have done in the time I had to fill out the instructor evals. Tom asked everyone at the beginning of the workshop what their goals were. I said that I wanted to fill in the gaps I have in my knowledgebase regarding the brain and neurofeedback – to answer the many questions I have. This course certainly fulfilled that goal, but what it did to a much greater extent is leave me with more questions... good answers lead to more good

questions. Tom and Christen did a great job instilling knowledge but perhaps more so evoking curiosity. Ralph W. Sockman, is credited with saying, "The larger the island of knowledge, the longer the shoreline of wonder." Tom and Christen have certainly enlarged my "island of knowledge", but what I'm more excited about is the lengthened shoreline of wonder that I have the privilege to walk. A big thanks to Brainmaster Technologies, Stress Therapy Solutions, Tom Brownback, and Christen Stahl. I look forward to my BMANS manuals!

Overall, I had a great time with the presenters and students. Thanks again to STS, Brainmaster, and the Brownbacks for making this workshop happen. I look forward to many more workshops in the future.

Our ability to interpret QEEG maps for treatment planning and monitoring is dependent upon working knowledge of key brain structures and their likely information processing pathways. Good clinicians do not depend solely upon cookbook pairings of symptoms to set protocols. Master clinicians can reason from "first principles" and match QEEG data with key brain functions (attention, memory etc.) and networks that drive healthy operations, and break down in stereotypic ways in pathology. For many years now, Tom Brownback and his team have been providing an ever-expanding manual series and teaching system that enables clinicians to internalize the neurophysiological and EEG knowledge needed to become successful and resourceful neurofeedback practitioners. Brownback's work in this context, in my 20-plus year experience, is unmatched. Highly recommended.

Mike Gismondi May 2018

